CRANSTON SCHOOL COMMITTEE MEETING

MONDAY, SEPTEMBER 18, 2006

WESTERN HILLS MIDDLE SCHOOL

400 PHENIX AVENUE

EXECUTIVE SESSION: 6:00 P.M.

PUBLIC SESSION: 7:00 P.M.

AGENDA

I. Call to Order – 6:00 p.m. – Convene to Executive Session Pursuant to RI State Laws PL 42-46-5(a)(1) Personnel and PL 42-46-5(a)(2) Collective Bargaining and Litigation.

- **II. Executive Session**
- III. Call to Order Public Session
- IV. Roll Call / Quorum
- V. Executive Session Minutes Sealed September 18, 2006
- VI. Minutes of Previous Meetings August 16, 2006; August 21, 2006
- VII. Public Acknowledgements / Communications
- **VIII. Chairperson Communications**

- IX. Superintendent Communications
- X. School Committee Member Communications
- XI. Public Hearing
- a. Students (Agenda/Non-agenda Items)
- b. Members of the Public (Agenda Matters Only)
- XII. Consent Calendar / Consent Agenda

SPONSORED BY MR. TRAFICANTE

NO. 06-9-1 – Whereas, the Park View Middle School swimming pool is dedicated to the late John C. Reilly who lost his life while serving his country in the Vietnam War, and

Whereas, the late Edward Golden was a renowned swim coach in the City of Cranston from 1954 to 1965, a physical education teacher at Park View Junior High School from its opening in 1954 through 1968, and also John C. Reilly's swim coach, and

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Whereas, because of the many contributions Edward Golden made to Cranston Public Schools and its students, the family of the late John C. Reilly has requested that the dedication of the Park View Middle School pool be dedicated in both men's names,

Be it RESOLVED that the Park View Middle School swimming pool be dedicated to John C. Reilly and Coach Edward Golden which would be a fitting tribute to two men of great character who deserve to be so remembered.

SPONSORED BY THE COMMITTEE

NO. 06-9-2 - Whereas, Courtney Townsend, a fifth grade teacher at Edgewood Highland School, has been selected by the National Center for Earth and Space Science Education as a MESSENGER (MErcury Surface, Space Environment, GEochemistry, and Ranging) Educator Fellow for the 2006-2008 cadre, and

Whereas, this mission will be only the second spacecraft to ever visit, and the first to orbit, Mercury, the innermost planet of our Solar System, and

Whereas, Courtney will be part of a team of scientists, engineers and educators committed to sending a spacecraft to another world and bringing the excitement of the mission to the public on Earth, and

Whereas, as a Fellow, Courtney will be not only training educators so

they may bring grade-level appropriate, inquiry-based approaches to Solar System science and spacecraft engineering into their classrooms but also she will be providing these educators with opportunities for their classes to experience MESSENGER mission activities from the upcoming flybys of Venus in 2006 and 2007 and of Mercury in 2008 and 2009 to the moment when the robotic spacecraft finally goes into orbit around Mercury in 2011, and

Whereas, Courtney's major responsibilities as a MESSENGER Educator Fellow will be to excite and train other educators on the use of MESSENGER Education Modules at training workshops she conducts,

Be it RESOLVED that Courtney Townsend be congratulated by the Cranston School Committee for not only her hard work and dedication to space science but also for bringing honor to herself and to the Cranston Public Schools, and

Be it further RESOLVED that Courtney received a copy of this Resolution signed by the members of the Cranston School Committee.

ADMINISTRATION

PERSONNEL

NO. 06-9-3 - RESOLVED, that at the recommendation of the

Superintendent, the appointment of Elementary Principal, Arlington School, be approved.

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NO. 06-9-4 – RESOLVED, that at the recommendation of the Superintendent, said certified personnel be recalled from termination, and

Be it further RESOLVED that the Superintendent notify those teachers of the Committee's action.

NO. 06-9-5 – RESOLVED, that at the recommendation of the Superintendent, the following certified personnel be appointed for the 2006-2007 school year:

Erin Bauer, salary to be at the first step of the prevailing salary schedule

Education – Rhode Island College, BS

Experience – Woonsocket Public Schools' Substitute

Certification – Special Education, Elementary/Middle

Assignment – Special Services, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12532012 512100

Marissa Hazlehurst, salary to be at the second step of the prevailing salary schedule

Education – Rhode Island College, BS

Experience – Chariho School District

Certification – Middle School Science

Assignment – Western Hills Middle School, Science, .5 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12911012 512100

Melissa Barlow, salary to be at the tenth step plus Masters of the prevailing salary schedule

Education – University of Massachusetts, BS; Columbia University, MS

Experience – Pawtucket School Department

License – Occupational Therapist

Assignment - Special Services, 1.0 FTE

Effective Date of Employment – September 6, 2006

Authorization – Replacement

Fiscal Note: 1432010 511440

NO. 06-9-6 – RESOLVED, that at the recommendation of the Superintendent, the following certified personnel be appointed as substitutes on a temporary basis as needed:

Amanda Vanner General Subject Matter

Ellen Weremay-Garcia Elementary, K-6

Loriann Santopietro General Subject Matter, K-12

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Maria Kaczmarek-Richards Elementary ESL/Reading

Ann Funicello Social Worker

Kristina Caliri Elementary

Diane Dynon General Subject Matter

Luana Testa Special Education Elementary/Middle

Christine Corio Elementary

Michelle Denommee Elementary

Risa Rainone Secondary History

Cynthia Hudson Special Education Elementary

Ellen Kaufman Health and Physical Education, K-12

Abioye Olaoye General Subject Matter, K-12

Pearl Beverly General Subject Matter, K-12

Amy Rivet Reading, K-12

David Van Noppen General Subject Matter, K-12

Edward Akinrinlola General Subject Matter, K-12

Scott Goldschmidt Secondary Social Studies

Shannon Fay Elementary, 1-6

Michelle Johnson Elementary, 1-6

Sharon Thorpe Art, K-12

John Cannady Secondary English

NO. 06-9-7 - RESOLVED, that at the recommendation of the Superintendent, the retirement of the following certified personnel be accepted:

M. Jean Tisser, Teacher

Park View Middle School

Effective Date: August 21, 2006

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NO. 06-9-8 - RESOLVED, that at the recommendation of the Superintendent, the resignations of the following certified personnel be accepted:

Katharine Anderson, Teacher

Cranston High School West

Effective Date: August 23, 2006

Heather Silva, Occupational Therapist

Special Services

Effective Date: August 23, 2006

Emilie Mendillo, Teacher

Cranston Area Career & Technical Center

Effective Date: August 23, 2006

NO. 06-9-9 - RESOLVED, that at the recommendation of the Superintendent, the following individuals be appointed as athletic coaches:

Daniel Muksian, Junior Varsity Boys' Soccer, Cranston High School East

Step - 1

Class - C

Playing Competition – High School and College

Experience – Coach Youth Recreation Leagues

Certification – Rhode Island Coaches Certification; CPR/First Aid Certified

Corey Capirchio, Head Junior Varsity Football, Cranston High School West

Step - 4

Class - C

Playing Competition – High School and College

Experience – Volunteer Coach Cranston High School West Program

Certification - Rhode Island Coaches Certification; CPR/First Aid

Certified

Jason Hogan, Head Freshman Football, Cranston High School West

Step – 3

Class - D

Playing Competition – Cranston High School West

Experience – Volunteer Coach, Cranston High School West

Certification - Rhode Island Coaches Certification; CPR/First Aid

Certified

Annette Harris, Assistant Field Hockey, Cranston High School East Step – 5

Class - D

Playing Competition – High School and College

Experience – Assistant Field Hockey Coach, 2003, Cranston High School East

Certification – Rhode Island Coaches Certification; CPR/First Aid Certified

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NO. 06-9-10 - RESOLVED, that at the recommendation of the Superintendent, the resignation of the following coach be accepted:

Corey Capirchio, Freshman Football

Cranston High School West

Effective Date: August 28, 2006

NO. 06-9-11 - RESOLVED, that at the recommendation of the Superintendent, said non-certified employees be recalled from layoff:

NO. 06-9-12 - RESOLVED, that at the recommendation of the Superintendent, the following non-certified employees be appointed:

Joanne Woerner, School Based Coordinator
Cranston Area Career & Technical Center

Effective Date of Employment - September 6, 2006

Authorization – Replacement

Fiscal Note: 51974114 510140

Marie Carcieri, Three-hour Food Service Worker

Food Service

Effective Date of Employment – August 16, 2006

Authorization – Replacement

Fiscal Note: 32647179 511000

Marie Lanzi, Three-hour Food Service Worker

Food Service

Effective Date of Employment – August 16, 2006

Authorization – Replacement

Fiscal Note: 32647179 511000

Deanna Petrucci, Three-hour Food Service Worker

Food Service

Effective Date of Employment – August 16, 2006

Authorization – Replacement

Fiscal Note: 32347179 511000

Joyce Cunha, Three-hour Food Service Worker

Food Service

Effective Date of Employment – August 16, 2006

Authorization – Replacement

Fiscal Note: 31647179 511000

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Filippa Gruppuso, Bus Monitor

Transportation

Effective Date of Employment – September 6, 2006

Authorization – Replacement

Fiscal Note: 14347518 518600

James Angell, Bus Monitor

Transportation

Effective Date of Employment – September 6, 2006

Authorization – Replacement

Fiscal Note: 14347518 518600

Sandra Frazee, Bus Monitor

Transportation

Effective Date of Employment – September 6, 2006

Authorization – Replacement

Fiscal Note: 14347518 518600

Gia Garzone, Teacher Assistant

Rhodes School

Effective Date of Employment - September 6, 2006

Authorization – Replacement

Fiscal Note: 50817195 519500

April Civale, Bus Monitor

Transportation

Effective Date of Employment – August 31, 2006

Authorization – Replacement

Fiscal Note: 14347518 518600

Crystal Gauthier, Bus Monitor

Transportation

Effective Date of Employment – September 6, 2006

Authorization – Replacement

Fiscal Note: 14347518 518600

Debra Zannini, Three-hour Food Service Worker

Food Service

Effective Date of Employment – September 6, 2006

Authorization – Replacement

Fiscal Note: 32247179 511000

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Marcy Horovitz, Three-hour Food Service Worker Food Service

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 32447179 511000

Eileen Gavin, Phlebotomy Instructor

Alternate Education Program

Effective Date of Employment – September 25, 2006

Authorization – Replacement

Fiscal Note: 51362142 512100

Jennifer McCarthy, Phlebotomy Instructor

Alternate Education Program

Effective Date of Employment – September 25, 2006

Authorization – Replacement

Fiscal Note: 51362142 512100

James Winfield, Phlebotomy Instructor

Alternate Education Program

Effective Date of Employment – September 25, 2006

Authorization – Replacement

Fiscal Note: 51362142 512100

Rhonda Saccoccio, Bus Monitor

Transportation

Effective Date of Employment – September 6, 2006

Authorization - Replacement

Fiscal Note: 14347518 518600

Jennifer Buonaccorsi, Psychological Intern

Special Services

Effective Date of Employment – September 6, 2006

Authorization – New

Fiscal Note: 15136413 513700

Lisa Milson, Three-hour Teacher Assistant

Peters School

Effective Date of Employment – September 18, 2006

Authorization – Replacement

Fiscal Note: 12411019 519100

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Hedy Tessier, Three-hour Teacher Assistant

Stadium School

Effective Date of Employment - September 18, 2006

Authorization – Replacement

Fiscal Note: 12011019 519100

NO. 06-9-13 - RESOLVED, that at the recommendation of the Superintendent, the following non-certified personnel be appointed as substitutes on a temporary basis as needed:

BUS DRIVERS

Richard Camp

Robert Adams

TEACHER ASSISTANT

Lori Desrosiers

NO. 06-9-14 - RESOLVED, that at the recommendation of the

Superintendent, the following

non-certified staff member be granted a leave of absence without

compensation as provided in Article XVI of the Master Agreement

between the Cranston School Committee and the Cranston Teachers'

Alliance:

Charlotte Doherty, Teacher Assistant

Effective Dates: September 2006 to September 2007

NO. 06-9-15 - RESOLVED, that at the recommendation of the

Superintendent, the following

non-certified staff member be granted a leave of absence without

compensation as provided in Article XII, Section D of the Master

Agreement between the Cranston School Committee and the Rhode

Island Laborers' Local 1322:

Kelly Menard, Bus Driver

Transportation

Effective Dates: September 2006 to September 2007

NO. 06-9-16 - RESOLVED, that at the recommendation of the

Superintendent, the following

non-certified staff member be granted a leave of absence without compensation as provided in Article X, Section F of the Master Agreement between the Cranston School Committee and the

Cranston Teachers' Alliance:

Elizabeth Jaworski, Teacher Assistant

Effective Dates: September 2006 to September 2007

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NO. 06-9-17 - RESOLVED, that at the recommendation of the Superintendent, the resignations of the following non-certified personnel be accepted:

Helene Papantonis, Three-hour Food Service Worker

Food Service

Effective Date: August 11, 2006

Kathleen Trigo, Three-hour Food Service Worker

Food Service

Effective Date: August 23, 2006

Anita Nascenzi, Three-hour Food Service Worker

Food Service

Effective Date: August 23, 2006

Yue Juan Li, Three-hour Food Service Worker

Food Service

Effective Date: August 23, 2006

Rachel Bousquet, Teacher Assistant

Western Hills Middle School

Effective Date: September 6, 2006

Michelle Rondeau, Teacher Assistant

Orchard Farms School

September 5, 2006

Paula Totten, CNA Instructor

Alternate Education Program

Effective Date: September 1, 2006

Fadia Sarkis, Three-hour Food Service Worker

Food Service

Effective Date: September 18, 2006

GRANTS

NO. 06-9-18 - RESOLVED, that the Cranston Public Schools submit to Barnes & Noble the following grant:

All Cranston Public Schools' Elementary Schools \$31,120 (Grades, 1, 2, and 3)

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NO. 06-9-19 - RESOLVED, that the Cranston Public Schools submit to Borders Group, Inc. the following grant:

All Cranston Public Schools' Elementary Schools \$50,050 (Grades 4 and 5)

NO. 06-9-20 - RESOLVED, that the Cranston Public Schools submit to the Corning Incorporated Foundation the following grant:

Bain Middle School \$ 60,570

Park View Middle School \$ 61,430

Western Hills Middle School \$ 60,914

\$182,914

BUSINESS

NO. 06-9-21 - RESOLVED, that the following purchases be approved:

Lumber Supplies in the amount of \$12,163.09

Number of bids issued 9

Number of bids received 5

Computer Supplies in the amount of \$45,212.73

Number of bids issued 24

Number of bids received 11

General Supplies in the amount of \$xxxxx

Number of bids issued xx

Number of bids received xx

Master Padlocks for Cranston High School West in the amount of \$xxxxx

Number of bids issues xx

Number of bids received xx

NO. 06-9-22 - RESOLVED, that the Cranston School Committee accept the 2005-2006 In\$ite Expenditure Report as required by Article 18.

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POLICY AND PROGRAM

NO. 06-9-23- RESOLVED, that at the recommendation of the Superintendent, Policy 3519, Energy Management Conservation, and its regulations, be approved for second and final reading.

NO. 06-9-24 - RESOLVED, that at the recommendation of the Superintendent, Policy 6164.8, Cranston Public Schools' Wellness Policy, as amended, be approved for second and final reading.

XIII. Action Calendar / Action Agenda

XIV. New Business

XV. Public Hearing on Non-agenda Items

XVI. Announcement of Future Meetings

XVII. Adjournment

School Committee members who are unable to attend this meeting

are asked to notify the Chairman in advance.

Notice Posted: September 13, 2006

INSTRUCTION

6164.8

WELLNESS POLICY

Student Nutrition and Physical Activity

Policy Intent/Rationale:

The Cranston Public Schools promotes healthy schools by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment. The District supports a healthy environment where children learn and participate in positive dietary and lifestyle practices. Schools contribute to the basic health status of children by facilitating learning through the support and promotion of good nutrition and physical activity. Improved health optimizes student performance potential and ensures that no child is left behind.

Provide a comprehensive learning environment for developing and practicing lifelong wellness behaviors.

The entire school environment, not just the classroom, shall be aligned with healthy school goals to positively influence a student's understanding, beliefs and habits as they relate to good nutrition and regular physical activity. A healthy school environment should not be sacrificed because of a dependence on revenue from high added fat, high added sugar, and low nutrient foods to support school programs.

Support and promote proper dietary habits contributing to students' health status and academic performance.

All foods available on school grounds and at school-sponsored activities during the instructional day should meet or exceed the district nutrition standards. Emphasis should be placed on foods that are nutrient dense per calorie. To ensure high quality, nutritious meals, foods should be served with consideration toward variety, appeal, taste, safety, and packaging.

Provide more opportunities for students to engage in physical activity.

A quality physical education program is an essential component for all students to learn about and participate in physical activity. Physical activity should be included in a school's daily education program from grades pre-K through 12. Physical activity should include regular instructional physical education, in accordance with The Rhode Island Physical Education Framework, as well as co-curricular activities, and recess.

WELLNESS POLICY (Continued) 6164.8

Student Nutrition and Physical Activity

The Cranston Public Schools is committed to improve academic performance in high-risk groups so that no child is left behind.

Educators, administrators, parents, health practitioners and communities must consider the critical role student health plays in academic stamina and performance and adapt the school environment to ensure students' basic nourishment and activity needs are met. To ensure widespread understanding of the benefits to school environments where nutritious foods are provided and where students have an opportunity for physical activity, a public awareness campaign that highlights research demonstrating the positive relationship between good nutrition, physical activity, and capacity of students to develop and learn should be conducted.

Establish and maintain a district-wide Wellness Committee with the purposes of:

- developing guidance to explain this policy
- monitoring the implementation of this policy
- evaluating policy progress

- serving as a resource to school sites, (e.g. providing lists of healthy

incentives, snacks, birthdays, etc.) and

- revising policy as necessary

It is recommended that a district-wide Wellness Committee be established. The Committee will meet a minimum of two times annually with Council membership set by school committee policy in compliance with state law.

The committee shall consist of:

- seven parents, one appointed by each member of the school committee
- two members of the school committee
- the school food service director
- a food service worker selected by her/his union
- the director of health and physical education
- a health and physical education teacher, a food and consumer science teacher, a school-nurse teacher and a fourth teacher appointed by the Cranston Teachers' Alliance.
- a high school student selected by each high school principal
- a high school principal or his designee appointed by the superintendent
- the Bain Middle School principal or his designee
- a middle school student
- a member suggested by the Special Education Parent Advisory

WELLNESS POLICY (Continued) 6164.8

Responsibilities of the Wellness Committee may include, but not be limited to, oversight of the following:

- implementation of district nutrition and physical activity standards
- integration of nutrition and physical activity in the overall curriculum
- assurance that staff professional development includes nutrition and physical
 - activity issues
- assurance that students receive nutrition education and engage in vigorous
 - physical activity
- pursuance of contracts with outside vendors that encourage healthful eating
- and reduction of school/district dependence on profits from foods of minimal
 - nutritional value.
- consistent healthful choices among all school venues that involve

the sale of food.

The Wellness Committee will be responsible for preparing an Annual Report by June 15 of each year that includes, but may not be limited to, the following information:

- monthly district menus and meal counts
- listing of all a la carte foods sold by school food service
- listing of physical activity programs and opportunities for students throughout

the school year.

STUDENT NUTRITION

The School Breakfast/Lunch Programs:

The full meal school breakfast and lunch programs will continue to follow the USDA Requirements for Federal School Meals Programs.

The School Food Service Program provider will follow the District's Nutrition Standards when determining the items in a la carte and "competitive foods" sales. A la carte and "competitive foods" items that do not meet the District Nutrition Standards may be acceptable when offered on a very infrequent, intermittent basis and must be recorded in the Annual Report. The Food Service Director will work closely with the Wellness Committee.

Cafeteria Environment:

A cafeteria environment that provides students with a relaxed, enjoyable climate shall be developed.

All schools will strive towards:

- adequate space to eat in clean, pleasant surroundings;
- adequate time to eat meals. (The American School Food Service Association

recommends at least 20 minutes for lunch from the time students are seated with their

food); and

- convenient access to hand washing or hand sanitizing facilities before meals.

WELLNESS POLICY (Continued) 6164.8

Fundraising:

All fund-raising projects are encouraged to follow the District Nutrition Standards.

All fund raising projects for sale and consumption within and prior to the instructional day will follow the District's Nutrition Standards when determining the items being sold. All food sales outside the cafeteria during lunch should comply with the same nutritional guidelines as the cafeteria must follow. Outside sales at lunch shall be permitted no more than once a week in the middle and elementary schools.

Teacher-to-Student Incentive:

The use of food items as part of a student incentive program is strongly discouraged. Should teachers feel compelled to utilize food items as an incentive, they are required to adhere to the District Nutrition Standards.

Student Nutrition Education:

The Cranston Public Schools has a comprehensive curriculum approach to nutrition in Kindergarten through 12th grade. Beginning with the 2004-2005 school year, all K-12 instructional staff will be encouraged to integrate nutritional themes from the Rhode Island Department of Education Health Education Framework and/or the Rhode Island Family & Consumer Science Framework into daily lessons when appropriate. The health benefits of good nutrition should be emphasized. These nutritional themes include but are not limited to:

Knowledge of the Food Guide Pyramid Healthy heart choices
Sources and variety of foods Dietary Guidelines for Americans
Diet and disease Understanding calories
Healthy snacks Healthy breakfast
Healthy diet Food labels
Major nutrients Multicultural influences

Serving sizes Proper Food

Safety/Sanitation Identify and limit foods of low nutrient density

The district nutrition policy reinforces nutrition education to help students practice these themes in a supportive school environment.

Parent Nutrition Education:

Nutrition education will be provided to parents beginning at the elementary level. The goal will be to continue to educate parents throughout middle and high school levels.

Nutrition education may be provided in the form of handouts, postings on the district website, articles and information provided in district or school newsletters, presentations that focus on nutritional value and healthy lifestyles, and through any other appropriate means available for reaching parents.

WELLNESS POLICY (Continued) 6164.8

Staff Nutrition & Physical Activity Education:

With the purposes of:

- Encouraging all school staff to improve their own personal health and wellness
- Improving staff morale
- Creating positive role modeling
- Building the commitment of staff to promote the health of students

- Building the commitment of staff to help improve the school nutrition and physical

activity environment.

The school department will strive to provide nutrition and physical activity education opportunities to all school staff at the elementary, middle and high school levels. These educational opportunities may include, but not be limited to, the distribution of educational and informational materials and the arrangement of presentations and workshops that focus on nutritional value and healthy lifestyles, health assessments, fitness activities, and other appropriate nutrition and physical activity-related topics.

DISTRICT NUTRITION STANDARDS

Nutrition Standards Intent/Rationale:

The Cranston Public Schools strongly encourages the sale or distribution of nutrient dense foods for all school functions and activities. Nutrient dense foods are those foods that provide students with calories rich in the nutrient content needed to be healthy. In an effort to support the consumption of nutrient dense foods in the school setting, the district has adopted the following nutrition standards governing the sale of food, beverage, and candy on school grounds. Schools are encouraged to study these standards and develop building policy using the following District Nutrition Standards as minimal guidelines.

Food:

Encourage the consumption of nutrient dense foods, i.e. WHOLE GRAINS, FRESH FRUITS, VEGETABLES, and DAIRY PRODUCTS.

Any given food item for sale prior to the start of the school day and throughout the instructional day, will have no more than 30% of its total calories derived from fat.

Any given food item for sale prior to the start of the school day and throughout the instructional day, will have no more that 10% of its total calories derived from saturated fat.

Nuts and seeds with minimal added fat in processing (no more than 3 grams of added fat per

1.75 ounce or less package size) are exempt from these standards because they are nutrient dense and contain high levels of monounsaturated fat.

It is recognized that there may be rare special occasions when the school principal may allow a school group to deviate from these Standards, but those special occasions must be recorded and included in the Wellness Committee Annual Report.

Beverages:

By September 1, 2007 ONLY milk, water and 100 percent fruit juices may be sold on school grounds immediately prior to school, at lunch or after school. No beverage sales may be made at any other time. Principals are encouraged to investigate alternative fundraisers prior to September 1, 2007.

Candy:

Candy is defined as any processed food item that has:

- sugar (including brown sugar, corn sweetener, corn syrup, fructose, glucose (dextrose),

high fructose corn syrup, honey, invert sugar, lactose, maltose, molasses, raw sugar,

table sugar (sucrose), syrup) is listed as one of the first two ingredients

AND

- sugar is more than 25% of the item by weight.
- Vending sales of candy will not be permitted on school grounds.
- Non-vending sales of candy will be permitted ONLY at the conclusion of the

instructional school day.

STUDENT PHYSICAL ACTIVITY

District Physical Activity Goal:

Cranston Public Schools shall provide physical activity and physical education opportunities, aligned with the Rhode Island Physical Education Framework, that provide students with the knowledge and skills to lead a physically active lifestyle.

Cranston Public Schools shall continue to utilize its physical

education curriculum to implement the following strategies:

- Physical education classes and physical activity opportunities will be available for all

students.

- Physical activity opportunities shall be offered daily before school, during school

(recess) or after school.

- As recommended by the National Association of Sport and Physical Education

(NASPE), school leaders of physical activity and physical education shall guide

students through a process that will enable them to achieve and maintain a high level

of personal fitness through the following:

- Expose youngsters to a wide variety of physical activities
- Teach physical skills to help maintain a lifetime of health and fitness
- Encourage self-monitoring so youngsters can see how active they are and set

their own goals

- Individualize intensity of activities
- Focus feedback on process of doing your best rather than on product
- Be active role models
- Introduce developmentally appropriate components of a health-related fitness

assessment, (e.g. FitnessGram, Physical Best or President's Council) to the students

at an early age to prepare them for future assessments.

WELLNESS POLICY (Continued) 6164.8

District Physical Activity Goal (Continued):

- Begin fitness or activity logging in elementary school. Assist students to interpret their

personal attainments and compare them to national physical activity recommendations.

The 2004 Guidelines from NASPE recommend:

- children should accumulate at least 60 minutes, and up to several hours, of

age appropriate physical activity on all, or most days of the week.

- children should participate in several bouts of physical activity lasting 15

minutes or more each day.

- children should participate each day in a variety of age-appropriate physical

activities designed to achieve optimal health, wellness, fitness and performance

benefits.

- extended periods (periods of two hours or more) of inactivity are

discouraged

for children, especially during the daytime hours

- Beginning in middle school and through high school, administer a health-related

fitness assessment with students. Students shall receive results and use this as a

baseline in understanding their own level of fitness, creating fitness goals and plans,

and logging activities identified to achieve the goals. Logs should include day, time, type

and length of activity, whether the activity was done alone or with others, and how the

student felt before and after the activity.

- Physical education classes shall be sequential, building from year to year, and content

will include movement, personal fitness, and personal and social responsibility.

Students should be able to demonstrate competency through application of knowledge,

skill, and practice. (NASPE recommendations for physical education are 150 minutes

per week for elementary students and 225 minutes per week for middle and high school

students.)

Policy Adopted: September 18, 2006 CRANSTON PUBLIC SCHOOLS

Resolution No: 06-9-24 CRANSTON, RI

BUSINESS 3519

ENERGY MANAGEMENT CONSERVATION

The implementation of this policy is the joint responsibility of the School Committee, administrators, teachers, students, and support personnel, and its success is based on cooperation at all levels.

The district will maintain accurate records of energy consumption and cost of energy and will provide information to the local media on the goals and progress of the energy conservation program. The principal will be accountable for energy management in his/her building with energy audits being conducted and conservation program outlines being updated. Judicious use of the various energy systems of each campus will be the joint responsibility of the principal and head custodian to ensure that an efficient energy posture is maintained on a daily basis.

To ensure the overall success of the energy management program, the following specific areas of emphasis will be adopted:

- 1. All district personnel will be expected to contribute to energy efficiency in our district. Every person will be expected to be an "energy saver" as well as an "energy consumer."
- 2. The School Committee will adopt administrative Energy Guidelines that will be the "rules of the game" in implementing our energy program.

Further, to maintain a safer and healthier learning environment and to complement the energy management program, the district shall develop and implement a preventive maintenance and monitoring plan for its facilities and systems, including HVAC, building envelope, and moisture management.

"energy consumer."

- The teacher is responsible for implementing the guidelines during the time that he/she is present in the classroom.
- The custodian is responsible for control of common areas, i.e. halls, cafeteria, etc.
- Since the custodian is typically the last person to leave a building in the evening, he/she is

responsible for verification of the nighttime shutdown.

- The principal is responsible for the total energy usage of his/her building.
- The Energy Manager performs routine audits of all facilities and communicates the audit results to the appropriate personnel.
- The Energy Manager provides regular reports to principals indicating performance with regards to energy savings.
- The district is committed to and responsible for maintenance of the learning environment.
- To complement the district's energy management program, the district shall develop and implement a preventive maintenance and monitoring plan for its facilities and systems, including HVAC, building envelope, and moisture management.

GENERAL

1. Classroom doors shall remain closed when HVAC is operating. Ensure doors between conditioned space and non-conditioned space remain closed at all times (i.e. between hallways and gym or pool area).

- 2. Proper and thorough utilization of data loggers will be initiated and maintained to monitor relative humidity, temperature, and light levels throughout the district's buildings to ensure compliance with district guidelines.
- 3. All exhaust fans should be turned off every day and during unoccupied hours.
- 4. All office machines (copy machines, laminating equipment, etc.) shall be switched off each night and during unoccupied times. Fax machines should remain on.
- 5. All computers should be turned off each night. This includes the monitor, local printer, and speakers. Network equipment is excluded.
- 6. All capable PC's should be programmed for the "energy saver" mode using the power management feature. If network constraints restrict this for the PC, ensure the monitor "sleeps" after 10 minutes of inactivity.

BUSINESS 3519(b)

ENERGY MANAGEMENT CONSERVATION

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(Energy Conservation and Building Management)

1 – Set points are in accordance with ASHRAE 55 "Thermal Conditions for Human Occupancy"

AIR CONDITIONING EQUIPMENT

- 1. Occupied temperature settings shall NOT be set below 74°F.
- 2. During unoccupied times, the air conditioning equipment shall be off. The unoccupied period begins when the students leave the area at the end of the school day. It is anticipated that the temperature of the classroom will be maintained long enough to afford comfort for the period the teacher remains in the classroom after the students have left.
- 3. Air conditioning start times may be adjusted (depending on weather) to ensure classroom comfort when school begins.
- 4. Ensure outside air dampers are closed during unoccupied times.
- 5. Ceiling fans should be operated in all areas that have them.

6. For any 24-hour period of time, relative humidity levels shall NOT average greater than 60%.

7. Air conditioning should not be utilized in classrooms during the summer months unless the classrooms are being used for summer school or year-round school. Air conditioning may be used by

exception only or in those schools that are involved in team-cleaning.

8. In all areas which have evaporative coolers such as shops, kitchens and gymnasiums, the doors leading to halls which have air-conditioned classrooms or dining areas should be kept closed as much as possible.

9. Where cross-ventilation is available during periods of mild weather, shut down HVAC equipment and adjust temperature with windows and doors. Cross-ventilation is defined as having windows and/or doors to the outside on each side of a room.

BUSINESS 3519(c)

ENERGY MANAGEMENT CONSERVATION

Guidelines

(Energy Conservation and Building Management)

HEATING EQUIPMENT

- 1. Occupied temperature settings shall NOT be above 72°F.
- 2. The unoccupied temperature setting shall be 55°F (i.e. setback). This may be adjusted to a 60°F setting during extreme weather.
- 3. The unoccupied time shall begin when the students leave an area.
- 4. During the spring and fall when there is no threat of freezing, all steam and forced air heating systems should be switched off during unoccupied times. Hot water heating systems should be switched off using the appropriate loop pumps.
- 5. Ensure all domestic hot water systems are set no higher than 120°F or 140°F for cafeteria service (with dishwasher booster).
- 6. Ensure all domestic hot water re-circulating pumps are switched off during unoccupied times.
- 7. For heat pumps, ensure a 6°F dead-band between heating and cooling modes.

LIGHTING

- 1. All unnecessary lighting in unoccupied areas will be turned off. Teachers should make certain that lights are turned off when leaving the classroom when empty. Utilize natural lighting where appropriate.
- 2. All outside lighting shall be off during daylight hours.
- 3. Gym lights should not be left on unless the gym is being utilized.
- 4. All lights will be turned off when students and teachers leave school. Custodians will turn on lights only in the areas in which they are working.
- 5. Refrain from turning lights on unless definitely needed. Remember that lights not only consume electricity but also give off heat that places an additional load on the air conditioning equipment

and thereby increases the use of electricity necessary to cool the room.

WATER

- 1. Ensure all plumbing and/or intrusion (i.e. roof) leaks are reported and repaired immediately.
- 2. All watering should be done between 5:00 AM and 10:00 AM.
- 3. When spray irrigating, ensure the water does not directly hit the building.

(After official approval by administration, a copy should be disseminated to all district personnel. Copies should be posted on bulletin boards, teachers' lounges, district newsletters, etc.)

Disclaimer: The district shall adopt, observe and implement these guidelines as provided. However, these guidelines are not intended to be all-inclusive, and they may be modified for local conditions. These guidelines supersede all previous instructions related to energy conservation or building management.

Regulations Adopted: CRANSTON PUBLIC SCHOOLS

Resolution No. CRANSTON, RHODE ISLAND